



Poplar Bank News

We are a Respectful and Caring School

October 2016

Issue 2

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www.poplarbank.ps.yrdsb.edu.on.ca

School Improvement Plan for Student Achievement and Well Being

Respectful School

Focus Areas: Modern Learning, Math and Mental Health

Hot Lunches and Milk Program

We are pleased to let you know that the School Lunch Program has been launched. We will be offering Mr. Greek on Mondays, Pizza on Thursdays, Mr. Sub on Fridays and daily milk.

Please register and order on-line at www.schoolcashionline.com.

Please support our efforts to be an ECO School and minimize paper waste.

For the time being paper order forms will be available for pick up in the office.

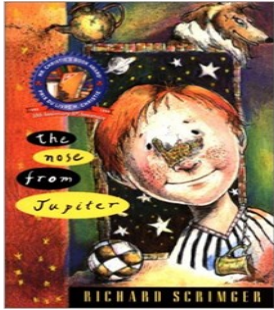
Thank you,
Your School Lunch Committee.



UPCOMING EVENTS

- Oct. 7: Picture Day
- Oct. 5: Area Cross Country
- Oct. 10: Thanksgiving Day (No School)
- Oct. 11: Milk & Hot Lunch begins
- Oct. 17-21: Waste Free Lunch Challenge Week
- Oct. 19: Immunization Clinic for Grade 7's and Grade 8 girls
- Oct. 19: Cross Country Regionals
- Oct. 20, 24: Lice Checks
- Oct. 27: Chad Solomon—Respect Presentation, Gym
- Oct. 28: PA Day
- Oct. 31: Halloween / Dance-A-Thon

Library News



On September 20th, students in the Junior grades attended presentations by author, Richard Scrimger. He was a very engaging speaker, and he shared information about his journey as a reader and writer. Richard explained how most of his characters reflect his personality and experiences – with a bit of exaggeration (or ly-

ing!). It was inspiring to meet such a successful Canadian author, and Poplar Bank’s students were a wonderful audience with great questions. Mr. Scrimger sent an email message after his visit and here is what he wrote:

“You have A GREAT SCHOOL there. Kudos to your fellow staffers as well as the kids. Give them all a big wave from me.”



In other library news, our English Book Fair was a huge success, and we extend thanks to all who attended! Special recognition goes to Michelle Cawker, Kim Speed, Amy Fischer, Pam Taylor, Tomiris (a high school volunteer), and of course our amazing student library helpers! We look forward to seeing you at the French Book Fair in November!

“Respect” Presentation—Cinderfella

On Friday, September 16th, the whole school participated in a “respect” presentation by Mike McMurtry. Here are some reviews of the performance written by grade 4 students.



“It was amazing because it was a funny version of Cinderella and it was a one person play. He used one hat for the step-brothers, Vindicto and Glumbert. He just turned it and changed his voice. I wish he could come every year!”

by Somdara

“I think Cinderfella was really funny and it’s unbelievable how Mike McMurtry did all the roles. There were three important messages: Be kind to others; Never give up on your dreams; and Try your best.” **by Veronica**

“It was fun and he changed to a lot of characters. It was the best play ever!” **by Aaron**

“I think that Mike is such a creative man and he is very talented. It somehow seemed that there was someone behind the curtain with him, but we all know that there was not. I really hope that he comes back and does another play.” **by Lila**

“He played 5 characters and had props and music. Mike McMurtry did a great job on Cinderfella!” **by Gillian**

Halloween Festivities at Poplar Bank

On Friday, October 30th, students are welcome to wear a costume if they wish. If your child plans to do so, please make sure of the following:

- The costume should be kept simple so that it does not inter-

fere in the student’s mobility and learning

- No masks
- No weapon replicas
- In support of our school initiative to provide a healthy school environment, we also

ask parents/guardians to **not send in any candy or junk food.** More information will be sent home from individual teachers informing you of classroom plans for the day.

Terry Fox Day at Poplar Bank Public School!

We had our annual Terry Fox Run on Friday, Sept 23, 2016. All students participated outside by either walking or running in support of cancer research. We collected a total of \$713.60, and this is being sent to the Terry Fox Foundation. Thank you to all families who supported this charity event, and thank you to our co-ordinator Mme Sampson.

LA COURSE TERRY FOX!

Poplar Bank Terry Fox Run- Sept 23, 2016

Coordinated by Mme Sampson

Excellent Participation Recognition

Une démonstration d'énergie et une excellente participation!

(Students were recognized with various prizes such as skipping ropes or soccer balls!)

Félicitations et Merci !

Primary Classes (11:20-11:45)- run/walk for 25 minutes

Max	(Mme Nicholson, gr. 1)
Max	(Mme Hampton, gr. 3)
Finn	(Mme Hampton, gr. 3)
Hayden	(Mme Parenteau, gr. 3)
Zachary	(Mme Samaai, gr. 3)
Hunter	(Mme Samaai, gr. 3)

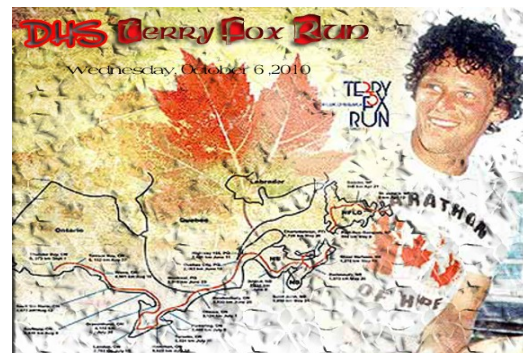
We collected a total of \$713.60 !

Merci pour vos dons pour la recherche du cancer!

Junior/Intermediate Classes (1:50-2:30)- run/walk for 40 minutes

Great Participation from the following students- (and to Mme Hodge and Mr. Korman!)

Francine	Jacob
Katarina	Michelle
Lauren	Eric (Mr. Korman)
Russell	Emery
Mitchell	Luka
Graeme Fraser	Tate
Ethan (Mme Bachand)	Avgustina
Erika (Mme Bachand)	Caroline
Jack	Neil
Michael	Laura
Tia	Adrina
Maggie	Irvine



No Nuts Please



Poplar Bank is a Nut-aware school. We have students and staff who have life threatening allergies to nuts and nut products. The most important thing you can do is to avoid sending any foods from home that may contain peanuts, nuts or nut products. Please read the labels to see if peanuts/nut products are present in the foods you are packing for school lunches. Students who accidentally bring food containing nuts will

be asked to take it to the office.

Due to this awareness and student safety concerns, we ask that you do not send cakes, cookies or other foods to celebrate student's birthdays as many children have food allergies as well as nut allergies.

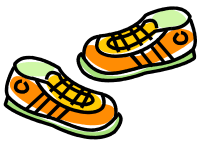
Thank you for your cooperation and attention to this matter.

If your child requires an Epi-Pen and you have not sent the forms or the Epi-Pen to the office, please do so as soon as possible!

Board Policy requires there to be 2 Epi-pens at school at all times; one in the office and one on or with the child.

Cross Country

"Students in grades 4-8 have been practicing hard on the Cross-Country Team this year, running everyday at lunch time. Their coaches, Mme Sampson and Mme Lauzon wish them good



luck as they prepare for the Area Meet to be held on October 5 at George Richardson Park in Newmarket. Go Poplar Bank Pride! "



The Facts of Lice



Now that we are back in school, it is a good idea to check your child's head for head lice and nits. Head Lice infestation (Pediculosis) can happen to anyone. There is no reason to panic if your child has head lice. Although

head lice are a great nuisance, they are definitely not a health problem. As well, the treatment is safe and effective, but you must follow the directions carefully and follow certain procedures to get rid of the nits. It would be

greatly beneficial if you check your child. If you are unsure of how to do this, information pamphlets are available in the school or at your local pharmacy, along with special shampoo needed to get rid of the lice and nits.

Bus Information

We would like to thank Parents and Guardians for their patience in the first month of school as bus routines and routes were established and refined. To keep our bus loading zone safe, we ask that you never enter the bus loop with your car or on foot. The bus loop is located at the north side of the school and is for school bus use only.

When entering our parking lot, please use caution and watch for our little ones. Their safety is of prime concern. Thank you in ad-

vance for your cooperation and attention to these matters.

Board Policy states that the walking distance for students from Kindergarten to grade 3 is 1.2 km and for students from grade 4 - 8 is 1.6 km. Students

who live within our boundaries but beyond the distances stated above are eligible for bus transportation as long as they adhere to safety and behaviour rules. As well, students MUST ride the bus to which they have been assigned. They must

also get on and off the bus at their assigned stop. Students will not be allowed to switch buses or to take friends home on the bus. Please keep the Board website (www.schoolbuscity.com) handy to check route updates for your child. Once set for the year, the school will advise you of any changes to your child's route.



Pop Tabs = Wheelchairs

Did you know that it takes approximately 4 million tabs to make a wheelchair? As of January 2013, the Royal Canadian Legion has donated 17005 wheelchairs through the collection of pop tabs. Poplar Bank can help now too. As of September 27, 2014 Poplar Bank has donated towards 1945 Wheelchairs. Every classroom has a collection container and students can bring tabs in at

any time. Our efforts will help needy –special needs children and adults, who are confined to wheelchairs, enjoy life more comfortably, more actively and more independently. DID YOU



KNOW: There are approximately 1000 tabs in a pound.

We have a friendly class competition to see which class will collect the most pop tabs. Last year we gathered over 12 huge blue water bottles full of tabs to donate.

Use of Cell Phones, I-Phones, Blackberries and Other Devices

Many students bring these communication devices to school. These items are ideal for communication before and after school. During instructional time and at recess, students are not to be using these tools to communicate with family or

friends. Should students feel ill, get hurt or need to call home, they must speak to their teacher and then, come to the office where a member of the office team will assist them. As well, using electronic devices of any sort to voice record, video tape

or take pictures at school is not permitted as this breaches personal privacy laws. We strongly discourage students from bringing these items to school as they can easily get broken, misplaced or stolen.



Spirit Wear is Back!

During the month of October, we will be selling spirit wear. Our 2 pieces of clothing will be short sleeve forest green t-shirts and long sleeve grey t-shirts. They will have the school logo embroidered on the top left side. Sizes available are Youth XS/S all the way to Adult 5XL!

Mme Bachand has sample sizes available to try on. If you are unsure as to what size to order, please send your child up to my room to try on a shirt!

Purchases will be made through School Cash Online ONLY - keep an eye out for the e-mail order reminder!

Once ordered, items are non-returnable and non-refundable!

Thank you for your support!



**Gildan Ultra Cotton
Long Sleeve / T-Shirt
Long Sleeve—Gray Only**

T-Shirt—Green Only

**100% Preshrunk cotton jersey 10.1 oz.
Double needle topstitched neckline.
Taped neck and shoulders.
Double stitched waist hem.
Adult Sizes: S-5XL Youth Sizes: S-XL
Two colour Poplar Bank PS logo screen printed full front**

Student Leadership Opportunities at Poplar Bank

The staff at Poplar Bank believe in developing student leadership within our school. Student Leadership provides opportunities:

- to hear our students' voices
- to develop leadership skills
- to show initiative

There are four Leadership Teams that your child can be a part of:

- The Eco-Team
- The Healthy Schools Team
- The Tech Team
- The Student Council Team

Please review the attachment that was sent by email, and discuss these opportunities with your child. Please do encourage them to become part of a team!

Thanks—Karen, Parent Council

Eco Club



Our Eco Club has a box, beside the lunch table outside the office, to collect your used batteries again this year. The Eco Club has begun "Trashless Tuesday" - where all lunch + snack garbage is sent home. Please try to send reusable food containers and water bottles to promote "garbage Less" lunches.



School Council October Update

On September 28th, 2016, the 2015/2016 Council held their Annual General Meeting, and the new School Council for 2016/2017 was elected. Thank you to all the parents who were involved in the many council activities last year including fundraising, lunch programs, Fun Festival, and other special events. We are happy to be welcoming new parents to council and encourage any parents/guardians with ideas or questions to attend a council meeting or speak to a member of council.

Our next council meeting is **Wednesday, November 9th, 2016** at 6:45pm in the staff room.

2016/2017 School Council

Karen Peck (Co-Chair)	Brenda Weeks
Veronica Jouaneh (Co-Chair)	Delaram (Dela) Zahedi
Edna Milena Bazante (Treasurer)	Adrian Glauser
Amy Fischer (Secretary)	Susan Moy-Glauser
Kerri Stock (Secretary - backup)	Preeti Raj
Rena Stafford (Secretary - backup)	Mahsa Rahbar
Petra Fera	

Future Council Meetings will be held on January 18th, March 22nd, April 19th, May 24th, and June 14th. Council dates are subject to change, but two weeks' advance notice will be given.

DANCE-A-THON : Monday, October 31st – Our large fall fundraiser, a Halloween Dance-a-thon, had its kick-off assembly on Friday, September 30th. Information and pledge forms have been sent home. If you did not receive an information sheet, please have your child visit the school office and request one. School Council is looking to cut down on the number of fundraisers throughout the year and just focus on a couple of large events that are all-inclusive and provide fun and enjoyment for the entire school. So, please support these fundraisers accordingly.



FOOD/MILK PROGRAMS: Thanks to everyone who has signed up for our Oct – Dec lunch/milk programs. The School Cash Online System, while still a work in progress, has eliminated hours of volunteer time counting money and processing orders. These programs are a convenience for parents, very much enjoyed by students, and are a fundraiser for our school. Thanks to the all the parent volunteers who run these programs!



ELEMENTARY SCHOOL
MILK PROGRAM

VOLUNTEER HELP: Activities in our school are run with the time and talent of many parents and grandparents. At the moment we are looking for parents who can assist over the lunch hour to help our food programs run smoothly. We require one volunteer for 30 minutes on Monday, 3 volunteers for one hour on Thursdays, and one volunteer for 30 minutes on Fridays. You don't have to be available every week, we are hoping to have enough parents to be able to create a rotating schedule. If you are available, please email Marcela marceladiazgr@gmail.com.



COMMUNICATION: As well as reading the school newsletter, or attending a council meeting you can stay up to date on volunteer opportunities, community events, and educational resources by following us on Twitter: [@PoplarBankSC](https://twitter.com/PoplarBankSC). If you are not on Twitter you can visit the school website to scroll through our Twitter feed.

October

LIGHTS OUT





Waste-Free Lunch

CHALLENGE

ARE YOU READY FOR THE CHALLENGE?

PACK A WASTE-FREE LUNCH STARTING

OCTOBER 19, 2015

BE A PART OF THE MOVEMENT!

WWW.WASTEFREELUNCH.COM



In Celebration of Waste Reduction Week!

From the list below, select what you need help with in order to find or secure sustainable employment:

- | | |
|---|--|
| <input type="checkbox"/> Finding and using information | <input type="checkbox"/> Using digital technology (computer skills) |
| <input type="checkbox"/> Communicating ideas and information | <input type="checkbox"/> Managing your learning (goal setting and action plans) |
| <input type="checkbox"/> Understanding and using numbers (math) | <input type="checkbox"/> Engaging with others ("soft skills" such as customer-service) |

The iWIN Program is offered at no cost to eligible learners by the York Region District School Board, with support from the Ministry of Training, Colleges and Universities.



DESIGN YOUR PATH TO SUCCESS



Book your assessment today!

Date: _____ Time: _____

This program is right for you if you are a resident of Ontario (19+) and need to:

- Enhance your employability skills
- Gain or upgrade computer skills for the workplace
- Prepare for college, university or apprenticeship programs
- Prepare for a High School Credit program or GED
- Gain confidence in life, work and studies

Our **iWIN Program** will help you reach your goals faster! Get individualized support from a highly qualified and experienced instructor and create a class schedule that **works for you.**

www.yrdsb.ca
@YRDSB
YRDSBMedia

**EMPLOYMENT
ONTARIO**



Select the program(s) you'd like to learn:

Basic Computer Skills

Minimum time commitment - 8 classes

- Getting to Know a Computer**
 - Terminology
 - Hardware and software
 - Mouse skills
 - Keyboarding
- File Management**
 - Saving files to a hard drive or USB
 - Creating folders
 - Moving files
- Getting Started with Email**
 - Setting up a new address
 - Sending/receiving email
 - Attaching a document (résumé, picture, etc.)
- Basic Text and Image Skills (in MS Word)**
 - Working with documents
 - Moving text
 - Inserting pictures, clip art, shapes
 - Formatting images and shapes
 - Creating a basic chart/table
 - Using spell-check
 - Inserting, editing and removing a header/footer
- Internet Searches**
 - Conducting searches
 - Making searches more effective
 - Choosing reliable sites

Digital Technology for Effective Job Searches and Online Applications

Minimum time commitment - 8 classes

- Email for Employment**
 - Subject line
 - Address: to, cc, bcc
 - Reply, reply all, and forward
 - Body of email
 - How to attach a file
 - Formal/informal tone
 - Purpose of email
- Résumés and Cover Letters**
 - How to format
 - Salutations and closings
 - Purpose of letter
 - Appropriate language and tone
 - Inserting, editing and removing a header/footer
 - Applying to positions online

Soft Skills and Successful Oral Communication

Once a week

- Conversation Group**
 - Weekly topics for discussion
 - Appropriate language and tone
- Workplace culture and etiquette**
 - Body language
 - Enhanced pronunciation
 - Confidence building

High School Credit or GED Preparation

- Get individualized support and instruction while preparing for your high school credit program or GED (high school equivalency). All subjects are offered.

Computer Skills for Employment and Further Education

Blended learning using training software and instructional support

Minimum time commitment - 8 classes

- Microsoft Office Skills Introduction**
 - Word: creating and editing original documents, using proofing tools, templates, setting page layout
 - Excel: entering data, formatting worksheets, setting worksheet layout, creating formulas, exercises
 - PowerPoint: creating simple presentations
 - Publisher: creating basic publications, formatting objects, duplicating an existing tri-fold brochure
 - Outlook: making contacts, using the calendar
 - Access: creating relational database tables, field properties
- Microsoft Office Skills Intermediate to Advanced**
 - Word: working with tabs, bullets and numbering, drawing objects, using building blocks, tables, mail merge, macros. Creating flyers using WordArt, images and tables
 - Excel: conditional formatting, sorting and filtering data, pivot tables and charts, security features, larger orders and charts
 - PowerPoint: slide show view, animations, inserting sound, charts, tables and objects. Creating presentations using animation and sound. Delivering presentations to a group.
 - Publisher: using master pages, customizing schemes, page set-up and layout. Creating an original tri-fold brochure and other business stationary such as gift certificate and flyers
 - Outlook: tasks, folders, mailbox options
 - Access: queries, creating forms, form and report controls, macros
- Google at Work**
Once a Week
 - Gmail
 - Sharing documents
 - Calendar
 - Hangouts
 - Drive
- Increasing Keyboarding Speed**

Employment and Academic Skills Upgrading

- Math**
Minimum time commitment - 8 classes
 - Basic arithmetic
 - Money math
 - Time (time sheets, calendars)
 - Math for college
- English Language Skills**
Minimum time commitment - 8 classes
 - Grammar: parts of speech, word order, parts of a sentence
 - Mechanics: punctuation, capitalization, spelling
 - Writing complete sentences
 - Verb tenses, agreement